

BEDMINSTER TOWNSHIP SCHOOL DISTRICT

Social and Emotional Learning

DISTRICT GOAL

Resources, Trainings, Guides for Parents, Students, and Staff

Parent Resources	Subject	Suggested Live Links
Bedminster Resident Resource Guide	Local, State, Federal Health Organizations (pg2), Mental Health (pg5)	Bedminster Township Resource Guide
BTS School Counseling Virtual Site	Virtual resources for all of your child’s counseling needs and more	BTS School Counselors Corner
Coronavirus Covid-19 Resources	Child appropriate book read Covid Drive Thru Test Clinic	Book Read for Kids by BTS Nurse Michelle Local Covid Drive Thru Test Clinic Information Covid Free Kids downloadable book
Departments of Health and Disease Prevention		Somerset County DoH Site State of NJ DoH Site Centers for Disease Prevention World Health Organization
New Jersey Department of Education	Parent Toolkit for Social Emotional Learning	Parent Toolkit Social Emotional Development
Social Emotional Learning [SEL] at home K - Gr2	SEL at home, virtual learning for Grades K-2	K - Grade 2 SEL Resources for Home
Social Emotional Learning [SEL] at home Gr 3-5	SEL at home, virtual learning for Grades 3-5	SEL Resources Grades 3-5 for Home
State of New Jersey	Parent link	NJ Parent Link Services & Resources
State of New Jersey	Todos los recursos de la página en español enlazan a sitios en el internet con texto en español o sitios en el internet del estado de NJ con servicios de traducción. Por favor use la función traductora de Google para traducir completamente al español todo el sitio en el Internet de <i>NJ Parent Link</i> .	NJ Parent Link Servicios y Recursos
Students Wellbeing Emotional Support, hotline, mental health, trauma, Covid recovery	New Jersey Department of Education & other nationwide mental health resources	NJDoE Students Wellbeing Emotional Support

Subject Areas:		Suggested Readings
<ul style="list-style-type: none"> Racism, Social Justice, Multicultural, New Americans 	<p>Books, podcast, blogs with reviews, poems, living stories, and essays for parents, children of all ages, and staff</p>	<p>Books on Racism and Social Justice</p> <p>30 books to help you talk to your kids about racism</p> <p>Summer Reading Lists</p> <p>Rich in Color Young Adult Books</p> <p>Kids Like Us Multicultural and Urban Lit</p> <p>Social Justice Books - 61 multicultural and social justice books</p> <p>De Colores Multiculturalism Blog. Essays. Stories. Collections. Poems</p> <p>Embracerace Website</p> <p>We Need Diverse Books Race, Equity, Anti-Racism, Inclusion Resources</p> <p>Social Justice Books - Teaching Central America</p> <p>Get free books from your public library</p> <p>How do we read books embedded with racism? NPR podcast [for adults]</p>
<ul style="list-style-type: none"> LGBTQ 	<p>Resources for parents and students, primary care services in Somerset County</p>	<p>LGBTQ Resources on New Jersey state site</p> <p>NJ.gov site</p>

Resources	Grade / Subject areas	Misc
Readington School District site	PreK - 8 SEL website	https://www.readington.k12.nj.us/Page/6083
Playworks Game Guide	PreK-8 PDF Doc	https://drive.google.com/a/bedminsterschool.org/file/d/1rNiACTQ8cikpP5NtVJMzs3_f4kLj2lhJ/view?usp=drivesdk
SEL Games	Prek-8 PDF Doc	https://drive.google.com/a/bedminsterschool.org/file/d/1voZHLsbb6AaulmufQqf5DcQvh4cbYFXG/view?usp=drivesdk
EdWeek SEL 'kernels' to infuse SEL in classroom	All grades	Belly Breathing , Magic 8 Ball , Dear Abby
California DoE	All ages	Mental Health Resources - California
US based foundation for asthma and allergy resources	Asthma & Allergy Foundation of America	Asthma & Allergy Foundation
Counseling sites, podcasts, links to resources	FOR SCHOOL COUNSELORS	https://docs.google.com/spreadsheets/d/1hAUSN7KrWCVitk63iVTHEB4UhZr0b6sT56ciWYbS-X0/edit?usp=sharing
State Public Health records	Vaping & E cigarettes	https://www.astho.org/Prevention/Tobacco/E-Cigarettes/Library/

Trainings/PD - Organization	Grade Subject areas / Focus	Contact Info
United Way climate & culture** Ctr for Human & Social Dev College of St. Elizabeth	K-8 SEL initiative for enhanced culture and climate	BTS School Culture & Climate Committee https://www.cse.edu/about-cse/centers/hsd/scc-assessment-lab
Rethink Ed SEL resources for staff	All, Offers SEL PD topics by SEL competency &	www.rethinkSEL.com

	mental health	
Second Step	K-8	https://www.secondstep.org/help/purchasing-options

**Bedminster Township School District
Allergy Awareness Links
Resources for Staff**

FARE homepage: <https://www.foodallergy.org/>

FARE Food Allergy Awareness Week link: <https://www.foodallergy.org/education-awareness/food-allergy-awareness-week>

The Be a Pal: Protect a Life From Food Allergies education program teaches children how to be a friend to kids with food allergies link:

<https://www.foodallergy.org/education-awareness/be-a-pal>

Teen Advisory Cookbook: <https://www.foodallergy.org/sites/default/files/2017-12/2014recipebook.pdf>

American Academy of Allergy Asthma and Immunology homepage: www.aaaai.org

Link for school tools (resources): www.aaaai.org/conditions-and-treatments/school-tools

www.aaaai.org/professional-education-and-training

FARE Poster and Facts: these two pages can be on your Activboard

<https://www.foodallergy.org/sites/default/files/2018-04/2018-Food-Allergy-Awareness-Poster.pdf>

<https://www.foodallergy.org/sites/default/files/2018-04/FAAW-Infographic.pdf>

Food Allergy Research and Resource Program link: <https://farrp.unl.edu>

**** Most common food allergies from FARP Site:** <https://farrp.unl.edu/informallbig8>

ELEMENTARY SCHOOL AGE

The Be a Pal: Protect a Life From Food Allergies education program teaches children how to be a friend to kids with food allergies link:

<https://www.foodallergy.org/education-awareness/be-a-pal>

Health Powered Kids homepage: healthpowerekids.org For ages 3-8. An activity called "Let's pack the picnic" Students pack a picnic that is safe for all friends.

Kids Health homepage: www.KidsHealth.org

Resources include teacher guides that align with National Health Education Standards. classroom.kidshealth.org

Kids with Food Allergies homepage: <http://www.kidswithfoodallergies.org/>

Resources including videos: www.community.kidswithfoodallergies.org

My Food Allergy Friends Homepage: www.myfoodallergyfriends.com

Free books for children about allergies.

PBS Kids www.pbskids.org/arthurhealth/allergy/

Wizdy Diner is a free app. It's a food allergy game for ipad and iphone.

Food Allergy Awareness Presentation [15 slides] for Elementary

<https://www.foodallergy.org/sites/default/files/2018-02/FARE%20Awareness%20-%20Elementary%20School.pdf>

MIDDLE SCHOOL AGE

Allergy Adventures homepage: www.allergyadventures.com

Resources for teachers including free lesson plans, worksheets, and videos. For ages 5-7 and ages 7-11. Additional resources for kids include puzzles, video and more.

Food Allergy Awareness Presentation for Teens

<https://www.foodallergy.org/sites/default/files/2017-12/presentation-teens.pdf>

Teen Advisory Cookbook: <https://www.foodallergy.org/sites/default/files/2017-12/2014recipebook.pdf>